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AHRC news

AHRC news is published weekly by the Anaheim Hills Rotary Club

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Orin Abrams Speaks on Freedom To Choose

Everything can be taken from a man or a woman but one thing: the last of human freedoms, to choose one's attitude in any given set of circumstances, to choose one's own way.
Viktor Frankl

Orin Abrams, International Service Director for Anaheim Hills Rotary Club, recently spoke to AHRC members on his experience with The Freedom to Choose Foundation. The mission of Freedom to Choose (FTC) is to provide an experiential educational process through which people are both taught and inspired to make better choices resulting in positive changes in behavior. These positive changes include taking greater personal responsibility and accountability, as well as cultivating more harmonious relationships.

FTC is operated in cooperation with the University of Santa Monica (USM), from which Orin recently received a Master of Arts

Orin gave AHRC members a glimpse into the program by showing a video which featured some female inmates talking about their FTC experience.



degree in Spiritual Psychology. Orin's degree at USM was a prerequisite for obtaining a position as On-Site Program Volunteer with FTC. In this role, Orin recently visited a California state prison for women to work with inmates who are participants in FTC workshops.

Orin summarized his experience with Freedom To Choose Foundation for AHRC news by saying "Both my USM educational experience as well as the Freedom to Choose volunteer experience, are two of the most incredible blessings I have ever experienced – for which I am incredibly honored and grateful."

This article appeared in the Orange County Register on December 29, 2011

Rotary has busy giving season

SHARON HLAPCICH /
THE ORANGE COUNTY REGISTER

Members of the Anaheim Hills Rotary Club have been busy this holiday season helping others in the community.

The service organization started off by packing boxes of goodies and sundries for troops in Afghanistan and Iraq as part of "Operation A Bit of Home". Members donated these items, which included razors, deodorant, magazines, gum, beef jerky and other snacks. Each box also contained "a bit of home" – a Christmas stocking. Students from Anaheim Hills Elementary School wrote letters to the troops, which were also stuffed inside the boxes.

To assist residents of Tyrol Plaza, an apartment for low-income senior citizens located in Anaheim, club members provided turkey dinner with all the fixings for them.

Rotary member Orin Abrams, catering manager at Anaheim Hills Golf Club, together with his staff prepared all the food. He and other club members delivered and served the food to the seniors and then joined the residents for dinner. This is the fifth year the nonprofit organization has sponsored this project.

Members also joined forces with Interact Club members from Canyon High School to stand outside of Ralph's grocery store to collect food for the annual Thanksgiving food drive. As a result, shoppers donated six shopping carts full of canned food, pasta, cereal and other items. The food was then given to the Second Harvest Food Bank. Anaheim Hills Rotary sponsors the on-campus service club.



On Dec. 19, members served a smoked turkey dinner to residents at the Ronald McDonald House. The group provides dinner once a month at the facility, a temporary place for families to stay while their children are being treated at nearby Children's Hospital of Orange County.

In addition to these projects, members also participated in a children's Christmas party with Friends On The Outside, an organization that sponsors a party for children whose parents are incarcerated.

The Rotary Club also adopted two families for Christmas this year, purchasing toys, clothing and other gifts. They also assisted at a children's Christmas carnival sponsored by The Illumination Foundation, an organization that helps homeless families get back on their feet.

"The club participates in many projects throughout the year. If a member can't participate in one project, there's always another one for them to help with," stated member Roy Jefferson. That's how members are able to manage some of the busier times of the year he says.

Anaheim Hills Rotary meet for dinner at 6:30 p.m. on Thursday evenings at the Anaheim Hills Golf Club. For information or to attend a meeting, contact Jefferson at 714-283-5336.



Anaheim Hills Rotary Club

Chartered in 1985

Officers & Chairpersons 2011-2012

| | |
|------------------|---|
| Sharon Boyd | <i>President</i> |
| Mark Roy | <i>Immediate Past President</i> |
| Douglas Duncan | <i>Treasurer</i> |
| Jay Lieberman | <i>Secretary</i> |
| Orin Abrams | <i>International Service Director</i> |
| Debra Patriquin | <i>Club Service Director</i> |
| Tony Siragusa | <i>Community Service Director</i> |
| George Gillespie | <i>Vocational Service Director</i> |
| Harry Charm | <i>Foundation Chairperson</i> |
| Gianna Solari | <i>President-Elect & Programs Chairperson</i> |
| Roy Jefferson | <i>Membership Chairperson & Publicity Chairperson</i> |
| Tracey Clark | <i>Webmaster & Club Service ViceChairperson</i> |

Anaheim Hills Rotary Club
P.O. Box 27661
Anaheim Hills, California 92809-7661

To learn more about AHRC:

**Meetings are held at
The Clubhouse at the
Anaheim Hills Golf Course
every Thursday at 6:30pm**

**Visit us on the web at
anaheimhillsrotary.org**

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*Using his meticulously prepared index cards
for notes and reminders,
Fine Master George Gillespie
doesn't miss an opportunity to collect fines from
AHRC President Sharon Boyd!*

*"Ask not what your Club can do for you..
ask what you can do for your Club!"*

It was these inspirational words from President Sharon Boyd that encouraged AHRC members to step forward and volunteer to lead two of the Club's upcoming events:

Jonelle Strickland will be the Chairperson for
The AHRC Annual Easter Egg Hunt

Tracey Clark will be the Chairperson for
AHRC's team in the Bowl-A-Thon

Thank you, Jonelle and Tracey!

